



Cornell University  
Cooperative Extension  
Fulton and Montgomery Counties

2005



2006

# Annual Report

## A Message from the President

This is the last year of my term as President of the Board of Directors. After three years in this position, I am due to step down at the end of this year. It has been my honor and pleasure to have served you as President, and I have found it to be challenging, exciting, and fulfilling.

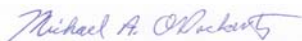
This year has been a year filled with great ups and downs, but more ups than downs. Our biggest downer came in June as we endured the greatest episode of flooding to hit the Mohawk Valley in my lifetime. As many of our friends and neighbors lost homes, businesses and other property to flood waters, Cornell Cooperative Extension also suffered a huge set-back as the Fonda Fairgrounds was inundated by the flood waters. Our buildings came under 3-5 feet of contaminated water, destroying all which it contacted. We lost large items of equipment.

How could the Fonda Fair be held this year?!? Due to the fantastic efforts of the Fair management and employees, the grounds were cleaned, utilities reestablished, and buildings rehabilitated. We are also appreciative of the financial support afforded to us through the offices of State Senator Hugh Farley and State Assemblyman Paul Tonko. I am happy to report, with great commendation, that our own staff of Cornell Cooperative Extension, along with, as usual, volunteers, under the able leadership of our Executive Director, cleared, cleaned, revamped, repaired, and repainted our building to make it habitable again and ready for the Fair. Our portion of the Fair, including the 4-H events, basically went on as well as ever.

The effort involving the sale of 4-H Camp Sacandaga continues. As I stated last year, the costs to operate and renovate the camp to code were exorbitant, and the three Associations (Fulton-Montgomery, Oneida and Warren) were forced to close the camp and offer it for sale. We have reached a tentative agreement as to how the process is to proceed and are prepared to move ahead.

Numerous events and programs were successfully conducted during the past year – Farmers’ Markets, Master Gardener assistance, Real Men Can Cook, 4-H cookie sales, Nutrition and Health classes, the 4-H Clover Combo Classic, school programs and many others. All required extensive planning, coordination and support. Thanks to the dedication of staff and involvement of volunteers, they all happened successfully.

As I leave my position as President, I extend my gratitude to all those who assisted in making my tenure the rewarding and educational experience that it has been. To other members of the Board, past and present, and its officers, Executive Director Marilyn Smith, the staff, and especially to the volunteers who have done so much to carry out the goals of our organization, thank you! You are Cornell Cooperative Extension!



*Michael A. O'Dockerty, President*

# 4-H Youth Development

## Building Capability, Competency & Caring

### School-Extension Connection

Ten after-school sites throughout Fulton and Montgomery Counties including 21<sup>st</sup> Century and Advantage After-school programs took advantage of CCE offerings. During 2005-2006, 49 lessons were implemented and helped youth increase their awareness and knowledge about topics including teamwork, nutrition, babysitting, cell phones and financial management.

CCE classroom enrichment programs reached youth at 15 schools throughout Montgomery and Fulton Counties. 44 school programs incorporating experiential and hands-on learning were delivered to youth. This year youth increased their knowledge about recycling, how we hear, teamwork, eating healthier, and families sharing science together through reading.



### 4-H Presenters Succeed

Seventy 4-H youth prepared, practiced and presented demonstrations, illustrated talks and speeches at the annual 4-H county-level Public Presentation Program in March. Ten youth were selected to represent Fulton and Montgomery Counties at the district public presentation and five competed at district horse communications. Three of the youth earned spots at the NYS Public Presentation event in

October, while one represented the counties at NYS Horse Communications in April.

### A Unique Experience

Twenty-eight youth and adult chaperones learned about fossils, saw the reconstructed skeleton of a giant Mastodon from the Hudson Valley and a whale from the Atlantic Ocean, and learned to identify different kinds of dinosaurs that lived in New York State when they visited the Museum of the Earth in August. The trip also included a tour of the ice cream plant at the Cornell Dairy Bar on the Cornell University campus.

### 2005-2006 4-H Statistics

- 343 youth participated in 4-H community clubs
- 83 youth participated in 4-H individual study
- 594 youth participated in 4-H special interest/short-term programs
- 3562 youth participated in 4-H school enrichment programs
- 128 adults participated as 4-H volunteers

## *4-H members in their own words...*

“This past year in 4-H, I learned a lot. I learned how to canter and how to be a better English rider. I learned how to become a better public speaker. I don’t get as nervous as I used to when I go up to speak. I went to public presentation night and then went to regionals. Although I wasn’t eligible to go to state due to my age, I am very pleased with how I did. I did very well at the Fonda Fair also. I got many ribbons and had a lot of fun. My horse was very tired by the end of the week. This year was great, very productive and I wasn’t disappointed about anything.” – L. A., Johnstown

“What more can a 4-Her ask for? Winning the Carolyn B. Nare 4-H Teen Award, going to Cornell University for Focus for Teens, attending 4-H Capital Days and winning 3<sup>rd</sup> place overall at the NYS 4-H Public Presentations was pretty amazing! With so many, many 4-H activities, events, and responsibilities, I have accomplished much and learned even more. Just from Public Speaking and Teen Leadership alone, I was offered a position as a preschool teacher in my local church! Thanks to all those hardworking and dedicated people in 4-H, I have started the career which I love most – teaching.” – C.J., Town of Florida

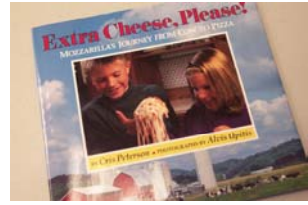
“4-H was a lot of fun this year. I learned a lot of cool, fun, new things. I also made more new friends. I enjoyed learning new projects and I like when I can share my ideas with others. I love 4-H.” – A. A., Gloversville

“My 4-H experiences this past year are definitely ones to remember. I enjoyed being much more involved in dairy goats, even though I didn’t do as well as I thought I would in showmanship. I still had fun. I was surprised that I did so well in dairy showmanship. My preparations for my cow really paid off. The barn meetings helped. I also enjoyed the financial management meetings. It was fun learning how to write checks. I love 4-H and everyone in it!” – S. T., Pattersonville

“This year has been probably one of my most important years in 4-H. Not only have I used 4-H as part of my life, it’s now going to be part of my schooling. As a Junior, I am now in the BOCES Equine Science class and using all of those years of Horse Bowl and hands-on training for my education.” – E.O., Johnstown

“I am very interested in the field of Agriculture. I enjoy showing my cows and participate in 4-H dairy cattle judging. I also enjoy reading magazines that keep me informed about the show reports and with a list of upcoming shows. When I have time I like to study sire summaries to try to find bloodlines I could use on my animals that would greatly improve their show appeal in the show ring.” – J. P., Palatine Bridge

School enrichment programs developing Agriculture Literacy reached more than 1,000 youth. These programs included Ag In The Classroom, Incubation & Embryology, Where's the Science in Agriculture, and Agriculture Awareness Days.



Eighteen 4-H Dairy Project Members spent over 24 hours in Quiz Bowl Practices in preparation for the Regional Dairy Quiz Bowl Contest that requires knowledge of Dairy Science and Management. The Novice Team placed first in the Region and one individual senior member placed first in individual standings, went on to the state contest and placed seventh in the state. In addition, 18 4-H horse project members spent over 24 hours in practicing for their Regional Horse Bowl Contest with the senior team winning first place and one individual winning first as an individual. That individual went on to the state contest, won second place in the state and had the opportunity to represent New York State at the National Horse Bowl Contest in Louisville, Kentucky.



Thirty-seven 4-H horse project members developed the knowledge and skills necessary to ride safely and were evaluated at the 5-day long 4-H Horse Camp. Instructors in-

cluded local 4-H volunteers as well as experts from outside the two-county area. In addition, participants explored horse activities they had not experienced before such as driving, drill-team, and reining.

A group including adult 4-H volunteers and one 4-H teen leader began implementation of "The Canine Constellation Program" involving youth in exciting activities with their dogs. 16 youth participated in beginner obedience, canine good citizen, and puppy classes and will continue to develop their dog handling skills. 6 youth sampled dog agility activities with their dogs at the Fonda Fair pet show. Canine Constellation volunteers continued to collect needed supplies for Dog agility and revised the dog obedience and Canine Good Citizen 4-H materials.



**4-H Youth Agriculture  
Making a Difference for the Future**

# Food, Fun & Fitness Healthy Lifestyles Program Joint Initiative: 4-H/Nutrition & Health

Cornell Cooperative Extension of Fulton and Montgomery Counties was the recipient of a Healthy Lifestyles Grant in February 2006 to implement programs to help improve the health of youth in the community. Cornell Cooperative Extension of Fulton and Montgomery Counties received \$6,990.00 from Cargill in partnership with National 4-H Council to enhance and expand current programming to promote healthy eating and physical activity among local youth and families through experiential educational activities.



“Cargill is proud to support 4-H’s efforts to help families in our community live healthier lives,” according to Karl Thoene, Assistant General Manager of the Albany, New York district of Cargill Animal Nutrition. “The *Food, Fun and Fitness* initiative shows a well thought out and designed plan to transfer a message about healthier lifestyles to youth of this area. Supporting nutrition and wellness programs is just one way that Cargill seeks to nourish people and possibilities throughout the world.”

The *Food, Fun and Fitness* project aimed to have youth and their families residing in Fulton and Montgomery Counties (with a particular emphasis on the three small cities of Amsterdam, Johnstown and Gloversville) participate in fun learning experiences and thus increase their knowledge, favorable attitudes and behavior in regards to good nutrition and the benefits of regular exercise. 587 youth participated in after-school and summer lessons incorporating physical and nutrition-related activities and healthy snack preparations. Take-home family newsletters shared information about healthy bones and muscles, eating right on the run, food and physical activity choices and healthy recipes. 1005 youth and adults participated in interactive fitness stations (jump rope, exercise gym balls, portable stair steppers, and dance, dance, revolution) and a make-your-own-healthy-trail-mix station featured at community wellness days, health fairs, and the county fair. The initiative concluded with a 1K kids’ dash, 5K fitness walk and 8K run. An estimated 80%



of the youth increased their knowledge, 95% increased their skills, and 45% changed or improved their behaviors in relationship to healthy lifestyles.

In reporting about our presence at the Sundae on the Farm event in September 2006, Recorder news reporter Linda Kellett wrote: “After munching on single Lifesavers’ candies at the booth staffed by Sarah West, Healthy Lifestyles Project Coordinator, the youngsters gamely burned off the corresponding 15 calories using the agency’s portable stair stepper. The two-to three-minute exercise session was a good, real-life lesson from the agency’s 4-H Food, Fun and Fitness project which targets youths aged 5 to 12 (and their families) and aims to increase their knowledge and attitudes about good nutrition and the benefits of regular exercise.”



“The students always look forward to your visits. You have a way of educating the students but not in a way they realize they are being taught. Of course, a highlight of your visits with our students is that you bring food for them to sample!” – Co-Directors of the Fulton/Montgomery 21<sup>st</sup> Century Community Learning Center Programs.

Our project outreach facilitator shared that kids lingered at the experiential Food, Fun and Fitness station at the Lead Screening Carnival on June 5, 2006 hosted by Montgomery County Catholic Charities in Amsterdam. The youth wanted to try out all of the fitness items and try their hands at creating their own trail mix.

“Thank you so much for inviting the Frothingham Free Library to participate in Cornell Cooperative Extension’s “Food, Fun and Fitness” summer programs. We scheduled all three programs and had very good attendance at each session. The children enjoyed your many games and snacks. They especially enjoyed the potato race and the Pyramid sundaes. They have learned a lot about healthy eating this summer. Let’s hope they make suggestions to Mom for her shopping list.” – Donna M. Franklin

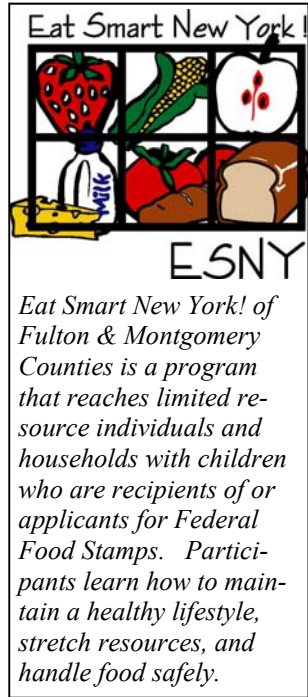
“On behalf of the children of the Hispanic Outreach Services Enrichment Summer program, we would like to say ‘thank you’ for the lessons about fitness and healthy eating and the delicious snacks. Hope to see you next year. Great job.” – Rosemary Negron, Hispanic Outreach Services, Amsterdam, New York

“Thank you very much for offering the ‘Pyramids for Health’ program as a part of our summer workshop line-up. We were really pleased with the overall turnout for the summer activities. We appreciate Cooperative Extension’s involvement.” – Barbara Germain, Director, Johnstown Public Library

# Nutrition & Health Changing Habits— Improving Lives

## Eat Smart New York (ESNY)

In 2006 Nutrition & Health staff successfully graduated 364 participants, roughly 90% of the total number of participants enrolled in the Eat Smart New York program. 104 participants continue to participate in ESNY classes while new referrals are enrolled weekly. In lessons that emphasize healthy lifestyles, program participants learned a variety of skills that improve nutrition, reduce the risk of food-borne illness and help stretch food dollars. Staff worked hard to enroll eligible families receiving food stamps. By the end of the year family participation grew from 36% to 56% of total enrollment in Fulton County and from 22% to 35% in Montgomery County. Participants also included seniors and individuals.



## In the Community Collaborations with numer- ous organiza- tions and

community partners continued throughout the program year including Senator Hugh Farley's Healthy Heart Fair, Nathan Littauer Hospital's Harvest Health Fair and Ful-

mont's Child Care Resources day care provider training. In addition, Nutrition and Health staff traveled throughout Fulton and Montgomery Counties promoting healthy lifestyles, food safety and food resource management while delivering program to youth in school and after school programs, at farmers' markets and WIC clinics. Nutrition staff answered consumer calls about a variety of food safety and food preparation.





## ***Program Highlight: “Bridging the Gap”***

FMCC Bridge Program\* requested a hands-on learning experience for Bridge program participants who, when presented with the expectation that they would participate in a series of ESNY classes as part of their Bridge program activities, expressed a desire and need to learn about basic food preparation skills. Two Nutrition Program Assistants presented a total of eight lessons to a group of 17 Bridge Program participants (all Food Stamp recipients) who met weekly in the CCE Teaching Kitchen for 2 hours. Lessons included meal planning, cooking from scratch, food safety and nutrition. All lessons began with a hands-on food preparation activity and included a component of food resource management while improving nutritional quality and food safety.

Participants learned how to work with recipes to make easy, thrifty, healthy dishes and meals. Presented just before the winter holidays, participants wanted to learn how to make some traditional holiday foods.

The success of the program is attributed to setting goals that were participant driven, practicing “voice by choice” and incorporating hands-on, experiential learning. Participation was always voluntary. The lessons included practical, inexpensive ways to eat well and enjoy the social aspect of eating together. Selected recipes were low cost, simple and able to be made ahead and quickly re-heated.

NPAs successfully addressed not only the knowledge and skill deficit of most of the participants, but just as dramatically, a bad attitude. Body language and lack of participation in the first several minutes of the first lesson made it clear participants were not comfortable about being there. As the weeks progressed, application of the Navigating for Success style of teaching, use of “voice by choice”, and reminding participants (at that first lesson) that the program was designed based on their suggestions, the group eventually became engaged and learned from their ESNY experience.

*\*The Bridge Program offers career planning for displaced workers and recipients of public assistance. The program seeks to prepare participants for employment and/or successful independent living skills. Housed at Fulton Montgomery Community College, Bridge requests ESNY classes two or three times per year.*

Participants said...

“Oh, it looks so beautiful, it wasn’t that hard!” *Topic: Using eggs for healthy, thrifty meals and after making a simple, quiche.*

“It cooked right on the stove. You gave me an idea for Christmas breakfast. I’ll think of you when I make this.” *After making a frittata.*

“The staff is wonderful with this type of group. A lot of people look down on us or look down on us because we get P.A. It’s nice to come to a place and not be treated like low lifes”. *At last session which included meal planning and proper food storage practices.*

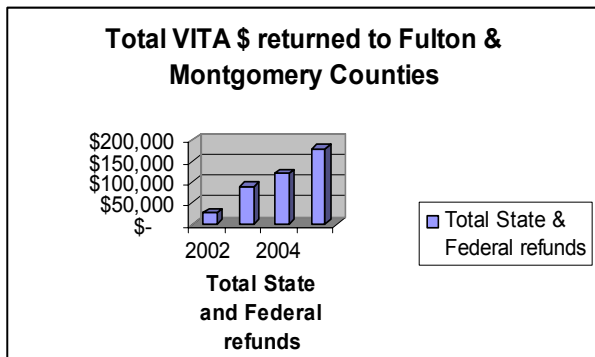
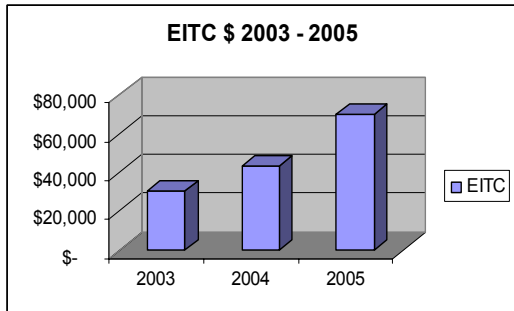
# Volunteer Income Tax Assistance Recovering Unclaimed Dollars to Fuel the Local Economy

Tax season was a busy time at the CCE office. Now, you may be wondering about that statement. Why would tax time be busy at Cornell Cooperative Extension?

For the fourth year, volunteers provided free tax return preparation for qualified individuals in Fulton and Montgomery Counties. This service is provided as part of the Volunteer Income Tax Assistance (VITA) program administered by the Internal Revenue Service. Volunteers are training on approved IRS software and prepare simple returns primarily for senior citizens, and low- to moderate-income families.

In 2006, CCEFM volunteers prepared 109 returns with Federal refunds of \$144,145, Earned Income Tax Credits of \$70,186 and New York State refunds of \$35,573. This money comes back into the counties as disposable income for these residents.

Four volunteers implemented the program primarily during the months of January through April. Total volunteer commitment including training, testing, tax preparation and filing was 304 hours. Volunteers included Andrea Hauser, Allan MacVean, Dick Ottalagano, and Kevin Vosburgh.



# Ag Economic Development Improving & Enriching Communities

The Montgomery County Agriculture Economic Development Program started 2006 by developing the first-ever “Mohawk Valley Spring Market.” This one-day market held indoors at the Town of Glen Town Building in Fultonville was designed to showcase local farmers and producers throughout Fulton and Montgomery Counties.

A wide variety of products were available for purchase including: fresh eggs, maple syrup, chocolates, honey, cheddar cheeses, caramel corn, elk meat, sugar-free blueberry jam, breads, granola, knitted items, alpaca yarn, handmade weaving supplies, gourmet breadsticks, quilting supplies, beeswax candles, herbal goat milk soaps, custom orders for beef, pork and poultry, and cookbooks.



*Shoppers look over homemade breads from Tim Lane, Glen Glade Farm, Fultonville*



*Bonnie Frasier, Frasier’s Sugar Shack, St. Johnsville talks with a shopper about the farm’s maple products.*

Market vendors included Palatine Dairy, Frasier’s Sugar Shack, Merry Hill Farm, Damin Farm, Creek’s Edge Elk Farm, Hunter Crossing Farm, Millpoint Emporium, Glen Glade Farm, La Cucina di Parillo, Dharma Lea, Acadian Farm, Lake View Orchards, Butterfat Farm, Earthworks Gallery, Karen’s Produce & Ice Cream, Perennials by Kathy O, Highland Hills Farm, Montgomery County Chamber of Commerce, Dairy Princess Committee and Montgomery County Farm Bureau.

The Spring Market provided an opportunity for area residents to get a taste of the Mohawk Valley and to learn about the businesses and products that are available in the region.

Cornell Cooperative Extension continues to support the Fulton-Montgomery Counties Farmers’ Market Association with administrative and technical assistance. Extension also hosted a market location again in 2006.

# Agriculture

## Profitability & Sustainability

In 2006 the Central New York Dairy and Field Crops Team sought to continue its tradition of offering high quality educational programs to meet the needs of producers from Fulton and Montgomery Counties with one important change. The rains of June 26-28 that produced severe flooding causing huge property losses also destroyed crops along the Mohawk River.

In some instances, the crops, like the corn pictured here were completely ruined by the strong currents, while others were covered with silt making them unusable. The team individually consulted with farms that had questions on replanting crops, safety of feeding flooded crops and how to deal with the loss of forage they had been counting on for feed for the next year. The team also worked with and supplied information to the Farm Service Agency and agricultural businesses as they also looked to assist their clientele.



*Flattened corn in Canajoharie*

The team is responsible for the educational program at the Cobleskill Dairy Day which this year emphasized amino acid balanced rations. Dr. Chuck Schwab from the University of New Hampshire was the featured speaker along with Brad Cates, dairy producer from Preble, NY. A Montgomery County dairy farmer who implemented the “amino acid” balanced approach to feeding his cows expects to increase his farms profit by around \$100,000 per year due to this change.

One of five regional meetings about dairy cattle health issues co-sponsored by NY State Ag and Markets was held in Fonda. Participants learned about Johnes Disease, a national animal ID program, and how to troubleshoot reproductive problems. Evaluations of the program indicated participants found all of the topics useful.

The 2006 Corn Conference was held at the Otesaga Hotel with 62 people attending. This year it addressed energy related issues. Conference evaluations from farmers in Fulton and Montgomery Counties showed they valued the information about alternative fuels, fuel quality, changes in federal regulations concerning engine emissions, and legal issues facing farms with large quantities of stored fuels. These topics are rarely if ever covered as part of educational programs.



*Field Crops for Beginners*

The team received a grant from the Agricultural Workforce Certification Program (AWCP) for training for new and part-time farmers about the basics of field and forage crop management. Those

who attended trainings learned basic information about soil fertility, forage and field crops, weed control, personal protective equipment and farm machinery operation and maintenance. One Montgomery county participant indicated that what he liked best about the program was that “All questions pertaining to soil, crops and weeds were answered and we received a very good book for reference”.

The Agricultural Workforce Certification Program (AWCP) also provided funding for a hands-on Hoof Care workshop. This training gave participants the knowledge and confidence to take care of cows with hoof problems without having to be professional hoof trimmers. The training included hoof anatomy, diagnosing and treating common disorders, and actual hoof trimming practice.

Producers from Fulton and Montgomery Counties took advantage of opportunities offered by the team to better manage their finances. Producers participated in the Cornell Dairy Farm Business Summary which allows dairy farmers to compare the performance of their business to other dairy farms across the state. A meeting called 2005 Income Tax Strategies for Agricultural Producers helped producers understand recent changes to the federal and state income tax code.

The Amish community has also taken advantage of the expertise the team has to offer by participating in several programs geared specifically to them on their farms. One meeting in the winter was geared toward pest management and a summer meeting was more general in nature, encompassing the topics of weed control, pasture, and dairy nutrition.



Two new volunteers completed the 10-week Master Gardener Volunteer Training Program this year. The total number of Master Gardeners is now up to 15.

The major activities for the Master Gardeners this year were the 7<sup>th</sup> Annual Plant Sale, the Saturday Tables, and the Fonda Fair. The plant sale generated approximately \$1,500 in revenue. The Saturday Tables were staffed at the Agway in Johnstown, Ace Hardware in Johnstown, and Fort Plain Hardware. The Fonda Fair display featured a variety of plants, dried herbs, hydroponics, worms, and butterflies.

Due to continued lack of funding, the consumer horticulture program is without a permanent educator and/or program assistant. The program functions completely through the generous donation of time and talent by volunteer Master Gardeners. This year over 1,200 hours of service were given by volunteer Master Gardeners, which is valued at over \$21,000.



**Consumer Horticulture  
Master Gardeners On the Job**

Late in 2005, Cornell Cooperative Extension of Fulton and Montgomery Counties launched a new financial literacy program aimed at helping local residents save money and better manage their finances.

Since that time hundreds of local residents have attended free workshops and demonstrations. Over the course of the last year programming has expanded to also providing education to those filing bankruptcy and offering money-saving home energy conservation information and exhibits.

Into 2007, CCE-FM will continue its relationship with the New York State Energy and Research Development Authority's EmPower New York, and through EmPower will continue to provide free money management, credit and debt management and home energy conservation workshops. Over the last year, nearly 400 local residents have attended these workshops which offer free energy saving or financial management tool kits for each participating household.

Beyond the EmPower program CCE-FM also has financial management programming made available through the Federal Insurance Deposit Corp. (FDIC) and we've begun offering these workshops to youth and other groups in the two counties.

This year at the Fonda Fair, CCE-FM offered a hands-on energy demonstration that opened many people's eyes to how every day energy choices impacted their National Grid bills and ultimately the environment.



Starting soon, CCE-FM will have its popular energy bike display available for local schools, community groups, organizations, and events. Set up as a stationary bicycle, the energy bike has its rear wheel connected to a generator. By pedaling the bike, riders feel how different electrical objects require different amounts of energy. This helps people to understand why the energy efficiency of different products such as light bulbs is so important.

**Financial Literacy Education**  
**Helping Residents Achieve Self-sufficiency**

# CCE Fund Development: A Diversified Picture



*Rob Hudyncia, winner of the 4-H Clover Combo Classic competitive run on October 1, accepts his trophy from Connie Cockrell, volunteer chair.*

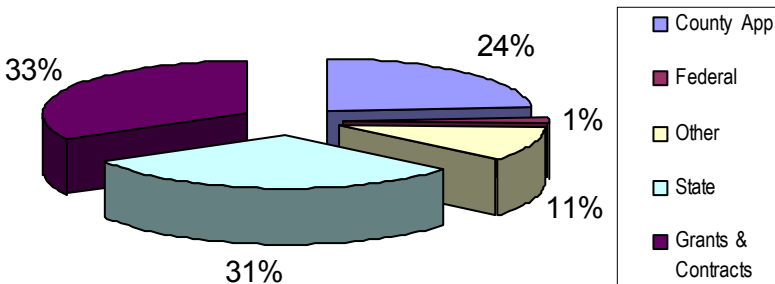


*Assemblyman Paul Tonko serves up his delicious dish at the 2006 Real Men Can Cook fundraising event in October.*

In June 2006, an outside independent audit was performed for the year ending 2005 by Cusack & Company, CPA's LLC of Latham NY. This audit was in addition to the internal audit performed by Cornell University and was initiated by the association and the Board of Directors, not prompted by a requirement of grants or contracts.

The audit tested all aspects of the financial position of the association as well as internal controls. According to Jim Cusack, Partner, the association audit "earned a Grade of A".

## CCE of Fulton & Montgomery Counties 2004 - 2005 Direct Support



# 2005-06 Contributors: Your Generosity Speaks

## Over \$1000

NYS Senate Hugh Farley  
Member Item

NYS Assembly Paul Tonko  
Member Item

Cargill

4-H Foundation

Shults Agency

## \$500-\$999

Stewart's Holiday Match

Peter Goderie

Kiwanis Club of Gloversville &  
Johnstown

Miracle Ear Quality Hearing  
Instruments

Wal-Mart Foundation

## \$200-\$499

Children's Aid Association of  
Amsterdam

Gloversville Moose #351

Quandt's Food Distributors

NBT Bank

Bug Off Pest Control

Fort Johnson Fraternal Order of  
the Eagles #1575

Subway of Johnstown &  
Broadalbin

Kickin' Country Clovers 4-H  
Club

Primavera Limousine

Prime Care Physicians

Shore to Shore Communications  
Amsterdam Associates in  
Cardiology

## \$100-\$199

First Pioneer Farm Credit

Crown Hay & Feed

Adirondack Charm

Bill & Cheryl Andrist

La Barkery

Ronald McDonald House

Castiligione Jewelers

Vern's Auto Sales

Delaney Construction Corp.

Duff & Wilson Paving

H & P Motors, Inc.

Curtin-Hebert Co., Inc.

The Noteworthy Company

Paul Dwyer

Stephen Miller General

Contractors, Inc.

Willow Creek Farm

K.C. Canary of Fultonville, Inc.

Totally Teens 4-H Club

## \$50-\$99

Fulmont Community Action

Puthaven Farm & Trucking

Arnold's Feed & Grain

Glove Cities Veterinary Hospital

Midvale Veterinary Clinic

Richer Feeds

Alpin Haus

Anna Marotta

Bette Papa Massage Therapy

Bill Bartyzel

Bonnie Bargstedt

Charles Vosburgh



Eulalia Arnold  
G. DiSanto-Rose, D.M.D.  
H&M Equipment Co., Inc.  
Happy Returns LLC  
Jean VanPelt  
Johnstown Dodge  
Karen Kosinski  
LaJeunesse Cuisine LLC  
James & Linda Kollar  
Midnight Motors  
Northville Liquor Store  
Sharon Nare – Massage Therapy  
Skiff’s Dairy  
The Garden Bug  
The Tire Center  
Udderly Delicious  
Wire Works Communications  
Music The Way You Like It  
Steve & Marilyn Smith  
Debra Jablonski

**\$25-\$49**

Adirondack Feed Center  
Classic Carriage Service  
    Tamara Healey  
Rusty Bits 4-H Club  
David Funk  
Fred & Margaret Fagan  
Joseph S. Bialobok, D.M.D.  
Active & Well Family  
    Chiropractic  
Hair Peace  
Dayne & Bonnie Peck  
Beau Monde Hair Studio  
Dellavale Farms  
FC Farm Bureau  
H & K VanValkenberg, Inc.  
Karen’s Produce & Ice Cream  
Locust Hill Products  
Midway Truck & Trailer  
Mini Bits 4-H Club  
Palmer Pharmacy  
TJ’s Pizzeria  
Clifford Douglass  
Craig & Linda Stevens

Amsterdam Garden Club  
Complements  
Cross Country Cruizers  
Debi Hannis  
George & Cheryl Brown  
Hales Mills Country Club  
James Howard  
John & Hazel Komar  
John’s Auto Service Center, Inc.  
Russ & Linda Kollar  
Lisa Campione  
William & Lyn Frasier  
Mary Guzier  
Mini Kwik  
Russell Dettenrieder  
Perry Lanes  
Lucky’s Hair Affair  
S.E.C.M. of Johnstown/  
    Partners Pub  
Smitty’s Service Center  
Something Special  
Vic Marshall  
Walt McKeone  
Vic’s Tavern

**\$1 - \$24**

Alfred Moulin  
Barbara Stewart  
Bill Pollak  
Eastern NY Farm Bureau  
    Dean Casey  
Foothills Bramble Co.  
Horse Lovers Unlimited 4-H Club  
James & Barbara Hemstreet  
Susan Maloney  
Tamara Healy  
Peter & Vicki Gogis  
Country Feed Store  
Gary Stowell  
Jack & Kevin Putman  
Jeff & Donna Childs  
Joan Eckler  
Kelly Knowlton & Garritt  
    Sammons

Joel & Linda Chapin  
Mohawk Valley Tire – Matthew  
Paton  
Pleasant Hill Farm  
    Hank & Judy Cauvenbergh  
Rideview Boer  
Tate & Marigrace Hoag  
Albert & Delores Hayes  
Barnyard Pals 4-H Club  
Circle L Trailer Sales  
Mike & Dana Opalka  
Hu-Hill Farm  
Roadrunners 4-H Club  
Stacey White  
Trailblazers 4-H Club  
Agnes Sahut  
Ann Blackwood  
Balanced Barefoot  
Becky Montano  
Brower Farm  
Dan Crabill  
Douglass & Jacqueline Dutcher  
Eileen Lang  
Fort Plain Agway  
Howard Gage Trucking  
Jean Siebe  
Matt Sullivan  
John Adams  
Longview Farm  
    Barbara Leverett  
Margaret Wemple  
Marion Brower  
Marsha Douglass  
Mary Finch  
Meredith Lord  
Mrs. Eleanor Sammons  
North Hampton Animal Hospital  
    Matt Long, D.V.M.  
Patricia Sweet  
Bruce & Pauline Kretser  
Penny's Ferrier Service  
Rebecca Tibbetts  
Tamy Moyer  
Thomas O'Brien  
Charlie Gray  
Kay Offenborn

Tom Nowicki  
Sydney Greenwood

### **In Memory of Leo Brunelle:**

NYS Athletic Trainers'  
    Association  
Faculty-Student Association  
    of Jamestown College  
Jamestown Community College  
    Professional &  
    Supervisory Alliance  
Jamestown Community College  
Muriel Brunelle  
    & Luann Connolly  
Pauline Brunelle  
Michael & Denise Burbey  
Robert & Peg Farrell  
Fluvamma Fire Co., Inc.  
William & Cynthia Gaugler  
Mary Guzior  
Daryl & Karen Kosinski  
Kenneth Kessler, CPA, PC  
Donna Landrio  
Kenneth & Shirley Lee  
Maurice & Cecile Maher  
Susan Maloney  
John & MaryAnn Valikonis

### **In Kind Contributions**

Final Rewards Trophy &  
    Imprintables  
McDonald's Restaurants  
Antonucci's Wholesale Produce  
Leader Herald  
Partner's Pub  
Wal-Mart Distribution Center  
White Holland House  
Go Where I've Bean Coffeehouse  
Big Mike's  
National Grid  
ASAPP's Promise of Fulton  
    County  
Fulmont WIC Program

HFM Prevention Council  
USDA Rural Development  
The Healthy Women's  
Partnership  
Frothingham Free Library  
Montgomery County Public  
Health  
Quinn's Paper Boxes  
Reality Check of Montgomery  
County

Reality Check of Fulton & Hamilton  
Counties  
Barbara Hatcher's Classroom, HFM  
BOCES at Mayfield  
Elementary School  
Olympia Sports  
Town of Glen

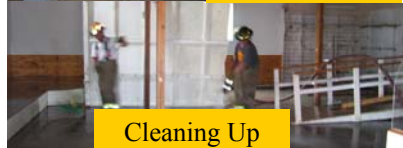
# Fonda Fair Cleaning Up & Getting Ready

*Thanks for lending a hand! Perhaps you donated your time, talents or monies. Or a combination of these valuable things. We acknowledge your part in helping CCE-FM after the flood.*

*Senator Hugh T. Farley  
Montgomery County Agricultural Society  
Berkshire Volunteer Fire Co.  
Broadalbin-Kenneyetto Volunteer Fire Co.  
Bruce Hauser  
Daniel Smith  
Fulton County Board of Supervisors  
Fulton County Fire Coordinator's Office  
Gloversville Moose Lodge  
John Thomas, Town of Glen  
Kathleen Smith  
Kiwanis Club of Gloversville-Johnstown  
Michael A. O'Dockerty  
Perth Volunteer Fire Co.  
Phil & Lolly Arnold  
Ron Hinkle, General Contractor  
Rosemary & Terry Smith  
Sheri Bowler  
Steve Pavlus  
Steve Smith*



After the Flood



Cleaning Up



Setting Up



*Thanks for helping us get to this*

The Doors Opened On Time



**Cornell University**  
Cooperative Extension  
Fulton and Montgomery Counties

*Cornell Cooperative Extension provides residents with research-based opportunities to learn for a better tomorrow in Fulton and Montgomery Counties.*

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Bonnie Peck, 4-H Animal Science  
Linda Wegner, 4-H Program Leader

**Central NY Dairy & Field Crops Team**

Kevin Ganoë, Team Leader  
David Balbian

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Craig Clark, Financial Literacy  
Julianne Clouthier, Mont. Co. Ag  
Economic Development  
Shannon Douglass, 4-H School &  
After School  
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Barbara Klueg, Nutrition & Health  
Karen Kosinski, 4-H Club Program &  
CCE Newsletter Editor  
Eileen Lang, Nutrition & Health  
Sarah West, Healthy Lifestyles

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**State Extension Specialist**

Kathy Scholl

*Johnstown Hotel, 2nd Floor  
55 East Main Street  
Johnstown, New York 12095  
Phone: 518.762.3909  
Fax: 518.762.8155  
e-mail: fultonmontgomery@cornell.edu  
website: www.ccefm.com*