4-H PROJECT RECORD BOOKS

FULTON



MONTGOMERY

STEP BY STEP

What is the 4-H Project Record Book?

- A detailed record of the 4-H youth's projects and participation in the 4-H Program throughout their years of enrollment
- A journal of records showing progress throughout the youth's time in 4-H
- A resource used to select youth to be recognized for specific project areas at the annual 4-H Recognition Night. It is also used to select teens for 4-H trip opportunities including Agri-Business Career Conference, STARR, 4-H Capital Days & 4-H Career Explorations
- A great document to capture your experiences as a youth and have to reflect on in the years to come

What can be gained from completing the 4-H Project Record Book?

Youth:

- Reflect on things they have done in the past
- Learn to set goals, make a plan of action and evaluate performance
- Keeping active records and tracking progress in each project area
- Good practice for formatting and organizing paperwork (This will come in handy in future when youth have to write scholarships, college entrance essays, reports, resumes and more...)

Adults:

- Parents & Leaders reflect on the development of the youth
- 4-H staff can identify needs for programming within our counties
- Adult Volunteers use this resource to select recipients of awards for 4-H Recognition Night

BEFORE YOU BEGIN

- -Don't sell yourself short. Include all of your efforts. You may ask your parents/guardians and leader(s) to help you remember. Another great way to keep track is by starting a 4-H journal and recording things as they happen throughout the 4-H year.
- <u>-DO NOT use pencil.</u> Your 4-H project record book should either be neatly handwritten in pen (Black or Blue ink) or you may type your pages by either inserting them from a standard word document or by using the online project record book.

The fill in form can be found on our website at www.ccefm.com. Choose Programs>4-H Member Resources>Right column-4-H Project Record Book (fill in version). Be sure computer printed record books are printed in black ink.

- -It is recommended that you use a binder and organize each year by tabs indicating the corresponding year. This will become useful in keeping your record book organized the more years you're involved in the program. Loose pages will not be accepted.
- -Required actions before you submit your record book: Sign & date each year where indicated—Have your parent/guardian and leader sign and date your record book each year.

WHERE TO BEGIN?



Fulton & Montgomery Counties, NY

4-H PROJECT RECORD BOOK

Member's Name	
Club Name	
Independent Member	

COVER PAGE 1

FILL IN:

-MEMBER'S NAME

-CLUB NAME OR CHECK INDEPENDENT MEMBER

PAGE 2 IS BLANK



Date	
Name	Date of Birth
I believe I deserve recognition for my 4-H project	accomplishments and achievements in the following

areas: (Please circle all that apply)

ACHIEVEMENT ELECTRICITY INDOOR GARDENING
AEROSPACE ENERGY LEADERSHIP

AGRICULTURE ENTOMOLOGY LIVESTOCK

ANIMAL SCIENCE ENVIRONMENTAL STEWARD MAPLE SYRUP

AQUATIC SCIENCE EXPRESSIVE & THEATRE ARTS MONEY MANGEMENT
ASTRONOMY FARM SAFETY NATURAL RESOURCES

BACKPACKING/HIKING FISHING NEEDLEWORK

BEEF FIRST AID PETS

BICYCLE FLORICULTURE PHOTOGRAPHY

BIRD STUDY FOOD & NUTRITION POULTRY

BREADS (YEAST) FOOD PRESERVATION PUBLIC SPEAKING

CAVIES FORESTRY RABBITS

CHILD DEVELOPMENT FOSSILS REPTILES

CITIZENSHIP FRUIT ROBOTICS

CLIMATE CHANGE GEOLOGY ROCKETRY

CLOTHING & TEXTILES GOATS SAFETY

CLOWNING MEAT GOATS SCIENCE & TECH

COMMUNITY SERVICE HEALTH/FITNESS SHEEP

CONSUMER EDUCATION HERBS SMALL ENGINES

COMPUTER/GEOSPATIAL HIPPOLOGY SWINE

CREATIVE ARTS & CRAFTS HISTORY/HERITAGE TRACTORS

CREATIVE DESIGN/FINE ARTS HOME ENVIRONMENT VEGETABLES

CULTURAL EDUCATION HORSE VET SCIENCE

DAIRY HORTICULTURE WASTE MANAGEMENT
DOGS INCUBATION & EMBRYOLOGY WATER RESOURCES

DOG CARE INTERGENERATIONAL WEATHER

DOG OBEDIENCE WOODWORKING/WOOD SCI



PROJECT LIST PAGE 3

FILL IN:

- -DATE
- -NAME
- -DATE OF BIRTH

-CIRCLE THE PROJECT AREA/S
YOU PARTICIPATED IN FOR THE
CURRENT 4-H YEAR THAT YOU
THINK YOU EXCELED AT.

PAGE 4 DOES NOT REQUIRE ANY INFORMATION

NAME				
ADDRESS				
DATE OF BIRTH			YEAR JOIN	ED 4-H
CLUB MEMBER	INDEPEND	ENT MEMBER	L	
SCHOOL YOU ATTEND				
		Years in 4-H	Number of Club	Number of Club

4-H Year	Age	Grade This Year	Years in 4-H (Inc. this year)	Number of Club Meetings Held	Number of Club Meetings Attended



4-H YEAR AND TIMELINE PAGE 5

FILL IN:

-NAME, ADDRESS, DATE OF BIRTH, & YEAR JOINED 4-H

-CHOOSE EITHER: CLUB MEMBER OR INDEPENDENT MEMBER

-SCHOOL YOU ATTEND

-IN THE CHART:
COMPLETE ONE ROW EACH YEAR
THAT YOU ARE ENROLLED IN
4-H. THIS SHEET REMAINS IN
YOUR RECORD BOOK AND IS
USED EVERY YEAR TO SHOW
YOUR TIME IN THE 4-H YOUTH
DEVELOPMENT PROGRAM.

4-H PROJECT RECORD BOOK CHECKLIST

When accurately kept and carefully assembled, your 4-H project record book is a useful tool for determining your progress and personal growth. You should keep your record book up-to-date and complete.

This record book must be given to your 4-H chib leader for his/her review by the date in late September or early October that he/she indicates. If you are an independent 4-H member, you must send your record book directly to the Cooperative Extension 4-H Office on or before October 15. Unless you are involved in animal science projects, this project record book is the only record of completion which should be sent to your leader and/or Cooperative Extension 4-H Office. 4-H animal science project members must complete additional record sheets for those projects and submit them with this project record book.

This record book will be used to determine county project disc recipients, award trip winners, I Dare You Leadership awards and outstanding junior and senior member awards. Project disc recipients are selected from among members, ages 9-19. Award trips and I Dare You Leadership awards are earned by 4-Hers ages 14-19.

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	$\label{thm:constraints} Don't sell yourself short. \ Include all of your efforts. \ Ask your parents/guardians and leader(s) to help you remember.$
	DO A ROUGH DRAFT ON SCRAP PAPER.
	In the 4-H Project Summaries section, write down what you <u>learned</u> in your 4-H projects. If you don't share enough details about what you <u>learned</u> in the 4-H projects you took this past year, you will not be considered for 4-H project award discs in those categories.
	Report all your 4-H involvement from your first year to this current year's work. DON'T START A NEW PROJECT RECORD BOOK EACH YEAR; JUST ADD ON TO YOUR PREVIOUS YEAR'S RECORD PAGES.
	Keep all your report pages together chronologically in a stiff binder. Include <u>all</u> your 4-H project summary pages, 4-H experience comments and leader comments in the back of your project record binder in order by year. It would be helpful to insert labeled dividers separating each year's work.
—	Write legibly in ink, typewrite information, or use computer word processing. Records written in pencil will be disqualified for award consideration.
—	Check to see that your record book is neat, accurate and complete. Use correct grammar and spelling. Proofiead for errors.
—	<u>DON'T</u> include newspaper clippings, photos, certificates, letters or ribbons. These items belong in a 4-H Scrapbook or 4-H Achievement Book.
	Each member must write and complete his/her own report. This is required.
	Sign and date your record book each year where indicated. <u>This is required.</u>
	Have your parent/guardian and leader sign and date your record book each year. This is required.

4-H RECORD BOOK CHECKLIST PAGE 6

USEFUL
CHECKLIST TO
HELP KEEP YOU
ORGANIZED



EXAMPLES

ELECTED/APPOINTED LEADERS HIP

List 4-H offices you have held and committees on which you have served. Briefly state your responsibilities.

YEAR	OFFICE OR COMMITTEE	RESPONSIBILITY	NUMBER OF
(earliest year)			PEOPLE IN GROU

2019	President	Conducts Meetings	12
2020	Activity Leader	Taught Origami	12



4-H ELECTED/ APPOINTED LEADERSHIP PAGE 7

- LIST IN EACH ROW THE YEAR AND WHICH 4-H CLUB OFFICE, COMMITTEE POSITION OR LEADERSHIP ROLL THAT YOU HELD DURING THAT 4-H YEAR. YOUR RESPONSIBILITY IN THAT OFFICE AND HOW MANY PEOPLE WERE IN YOUR CLUB OR COMMITTEE. ONE LINE PER LEADERSHIP ROLL.
- THIS SHEET REMAINS IN YOUR RECORD BOOK AND IS USED EVERY YEAR TO SHOW YOUR PROGRESSION IN THE 4-H YOUTH DEVELOPMENT PROGRAM.
- IF YOU DID NOT HOLD AN OFFICE OR LEADERSHIP POSITION, YOU MAY LEAVE THIS PAGE BLANK.

PROMOTION OF 4-H/COOPERATIVE EXTENSION (DON'T include Public Presentation Day topics here)

YEAR	Number & Topics of News Stories, Letters to Editor,	Where Published or
(earliest year first)	Parades, Radio, TV and Public Meeting Appearances 8 - news articles about 4-Hchib activities	Presented
Example: 2012	8 - news articles about 4-H club activities	Leader Herald/Recorder
	1 - spoke to supervisors/public about benefits of 4-H program	County Budget Public Hearing
	2 - marched with 4-H club in Memorial Day Parades	Town of Glen & Gloversville
		1
		
		1
		
		1
		1
		1
		1
		1
		1
	1	1

PROMOTION OF 4-H PAGE 8

- LIST IN EACH ROW THE YEAR
 AND WHICH 4-H PROMOTIONAL
 EVENTS YOU PARTICIPATED IN.
 THESE INCLUDE: 4-H IN PARADES,
 SUBMITTING NEWS ARTICLES
 ABOUT YOUR 4-H CLUB,
 PROMOTION OF 4-H AT TRACTOR
 SUPPLY AND/OR RUNNINGS, CLUB
 WINDOW DISPLAY DURING
 NATIONAL 4-H WEEK, AND ANY
 WAY IN WHICH YOU PROMOTED
 4-H TO OUR COMMUNITY.
- THIS SHEET REMAINS IN YOUR RECORD BOOK AND IS USED EVERY YEAR TO SHOW YOUR PROGRESSION AND OVERALL INVOLVEMENT IN THE 4-H YOUTH DEVELOPMENT PROGRAM.



4-H SPECIAL PROJECT SERIES/WORKSHOPS/FIELD TRIPS/EXPERIENCES

YEAR (earliest first)	SESSIONS ATTENDED (i.e.Vet Science, Tractor Certification, Dairy Bam Meetings, Judging Tours, Dairy Judging at NYS Fair)		

4-H PROJECT SERIES, WORKSHOPS, FIELD TRIPS & EXPERIENCES PAGE 9

- LIST IN EACH ROW THE YEAR AND WHICH 4-H PROJECT SERIES, WORKSHOPS, FIELD TRIPS OR EXPERIENCES YOU HAD DURING THAT YEAR. EACH ONE YOU PARTICIPATED IN SHOULD BEGIN WITH THE CURRENT YEAR IN THE FIRST COLUMN AND THE SESSION ATTENDED IN THE SECOND COLUMN.
- THIS SHEET REMAINS IN YOUR RECORD BOOK AND IS USED EVERY YEAR TO SHOW YOUR PROGRESSION AND OVERALL INVOLVEMENT IN THE 4-H YOUTH DEVELOPMENT PROGRAM.
- EXAMPLES: WINTER BREAK 4-H TRIP, SPRING BREAK 4-H TRIP, HOW TO LESSONS



4-H VOLUNTEER/TEEN LEADER PROJECT & SUBJECT MATTER WORKSHOPS

(i.e. 4-H Forestry Weekend, Dairy Discovery Workshop, Animal Crackers, Bird Sleuth Nature Detectives)

YEAR (earliest first)	SESSIONS ATTENDED
(



4-H SUBJECT MATTER WORKSHOPS PAGE 10

- LIST IN EACH ROW THE YEAR
 AND WHICH SUBJECT MATTER
 WORKSHOPS YOU PARTICIPATED
 IN DURING THE CURRENT 4-H
 YEAR. EACH ONE YOU
 PARTICIPATED IN SHOULD BEGIN
 WITH THE CURRENT YEAR IN THE
 FIRST COLUMN AND THE SESSION
 ATTENDED IN THE SECOND
 COLUMN.
- THIS SHEET REMAINS IN YOUR RECORD BOOK AND IS USED EVERY YEAR TO SHOW YOUR PROGRESSION AND OVERALL INVOLVEMENT IN THE 4-H YOUTH DEVELOPMENT PROGRAM.
- -EXAMPLES: SPECIFIC LEADERSHIP TRAININGS SUCH AS SNACK BAR, STARR SESSIONS, ETC...

CITIZENSHIP/COMMUNITY SERVICE/SERVICE LEARNING

Include things that contribute to the welfare of your club or group members, other individuals, community and/or charitable causes. Include the activities you performed as a 4-H member.

YEAR (earliest first)	GROUP OR INDIVIDUAL SERVED	INDIVIDUAL EFFORT	GROUP EFFORT	KIND OF ACTIVITY
XAMPLE: 013	Fort Plain Flood Victims		X	Donated Cleaning Supplies

EXAMPLE: 2013	Fort Plain Flood Victims	x	Donated Cleaning Supplies



4-H CITIZENSHIP, COMMUNITY SERVICE & SERVICE LEARNING PAGE 11

- LIST IN EACH ROW THE YEAR, GROUP OR INDIVIDUAL SERVED, GROUP OR INDIVIDUAL EFFORT AND THE KIND OF ACTIVITY. PLEASE LIST SERVICE PROVIDED DURING THE CURRENT 4-H YEAR.
- THIS SHEET REMAINS IN YOUR RECORD BOOK AND IS USED EVERY YEAR TO SHOW YOUR PROGRESSION AND OVERALL INVOLVEMENT IN THE 4-H YOUTH DEVELOPMENT PROGRAM.
- PLEASE NOTE: COMMUNITY SERVICE AND SERVICE LEARNING OPPORTUNITIES ARE NOT PAID SERVICES.

4-H AWARDS AND RECOGNITION

AWARDS (List significant awards indicating the quality of your work. Include project discs, award trips & best of show project awards for county fair entries.) (earliest first)

E 1 2010	D : . D:
Example:2010	Project Discs:
	Indoor Gardening, Photography, Horse
Example: 2012	Indoor Gardening, Photography, Horse Best of Show rosettes for cat photo and tenanium 4-H exhibits at Fonda Fair
	I I

12



4-H AWARDS & RECOGNITION PAGE 12

FILL IN:

- LIST IN EACH ROW THE YEAR, AND SIGNIFICANT AWARD RECEIVED **DURING THE CURRENT 4-H YEAR.** FOR EVENTS SUCH AS FONDA FAIR, JLS, ETC.. YOU MAY LIST THE EVENT NAME AND A LIST OF AWARDS FROM THAT EVENT ON THE SAME LINE IF MULTIPLE WERE RECEIVED.
- THIS SHEET REMAINS IN YOUR RECORD BOOK AND IS USED EVERY YEAR TO SHOW YOUR PROGRESSION AND OVERALL INVOLVEMENT IN THE **4-H YOUTH DEVELOPMENT** PROGRAM.

-EXAMPLES:

2020 - FONDA FAIR: 2 BEST OF SHOWS, 5 BLUES, 2 REDS & 1 WHITE 2020 - 4-H PIE SALE: 2ND PLACE

HIGH SELLER

4-H ACTIVITIES AND TRIPS (For all non-Clover bud 4-H members)

Indicate the years that you have participated in the following 4-H activities. Example: 4-H Member Recognition Program 10, 11, 12

4-H NATIONAL YOUTH SCIENCE DAY	4-H DAIRY DISCOVERY WORKSHOP
NATIONAL 4-H WEEK	4-H MARCH DOG MADNESS
4-H MEMBER RECOGNITION PROGRAM Attended Program Helper	4-H AT THE FONDA FAIR Ethibitor Teen Leader Presenter:
DAIRY BARN MEETINGS	Formal
	Action (Working)
DAIRY QUIZ BOWL	Clean-up Day
HORSE QUIZ BOWL	NYS STATE FAIR PARTICIPATION Animal Exhibitor Dairy Judging Team
	Hippology
LIVESTOCK JUDGING CONTESTS	Dog Agility
	Other (Explain)
FARMER'S MUSEUM JUNIOR LIVESTOCK SHOW	4-H LEADERSHIP/TEEN EXPERIENCES 4-H Club Junior Assistant
	4-H Club Teen Leader
4-H PUBLIC PRESENTATION PROGRAM	4-H Chib Teen Leader
Workshop Participant Presenter Teen Leader District Level Presenter	Lewis County 4-H Teen Winter Weekend 4-H STARR
State Level Presenter	4-H Capital Days
COUNTIESWIDE 4-H FUNDRAISERS	4-H Career Explorations
Spring Food Sale	4-H Agri-Business Career Trip
4-H Snack Bar	4-H Wonders of Washington Trip
Tractor Supply Company Paper Clover	National 4-H Conference
Donated	
Display/Presentation	4-H RESIDENTIAL CAMPING
CAPITAL DISTRICT ELECTION SERVICE REPORTING	OTHER



FILL IN:

- LIST THE LAST TWO DIGITS OF THE YEAR IN WHICH YOU PARTICIPATED IN EACH LISTED 4-H EVENT OR ACTIVITY.
- THIS SHEET REMAINS IN YOUR RECORD BOOK AND IS USED EVERY YEAR TO SHOW YOUR PROGRESSION AND OVERALL INVOLVEMENT IN THE 4-H YOUTH DEVELOPMENT PROGRAM.
- -OTHER COULD INCLUDE CLUB ACTIVITIES, CLINICS & OUTINGS. ANYTHING THAT IS A 4-H ACTIVITY OR TRIP AND NOT LISTED.



NYS 4-H FORESTRY WEEKEND

ANIMAL CRACKERS

4-H TEEN PROGRAM PARTICIPATION

(For members ages 13-19)

Year (earliest first)	PARTICIPATION (Activities worked on/participated in - ie. Teen Leader at PPD & Fonda Fair, participant in 4-H Career Explorations, Member of 4-H Issue Committee)

4-H TEEN PROGRAM PARTICIPATION PAGE 14 (MEMBERS 13-19 ONLY)

- LIST IN EACH ROW THE YEAR, AND THE TEEN PROGRAM THAT YOU PARTICIPATED IN DURING THE CURRENT 4-H YEAR.
- THIS SHEET REMAINS IN YOUR RECORD BOOK AND IS USED EVERY YEAR TO SHOW YOUR PROGRESSION AND OVERALL INVOLVEMENT IN THE 4-H YOUTH DEVELOPMENT PROGRAM.
- -EXAMPLES: STARR, CAREER EXPLORATIONS, CAPITAL DAYS, ABC CONFERENCE, ASSISTING THE 4-H STAFF WITH ANY PROGRAMS OR WORKSHOPS.



EXAMPLE

4-H PROJECTS COMPLETED

(List earliest year first; skip 1 line between years and include current year's work)

YEAR	PROJECT AREA	NAME OF PROJECT	WORK DONE
2010	(Example) Foods	Six Easy Bites	7 foods prepared, 1 presentation, 2 fair exhibits
2020	Creative Arts	Creative Crafts	I Scrapbook, 2 Tie Dye Shirts



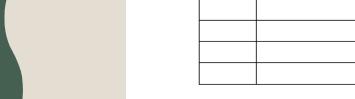
- LIST IN EACH ROW THE YEAR, PROJECT AREA, NAME OF PROJECT AND WORK DONE IN THAT PROJECT.
- BE SURE TO LEAVE A SPACE BETWEEN EACH YEAR THAT YOU ENTER YOUR PROJECTS TO MAKE IT ORGANIZED.
- THIS SHEET REMAINS IN YOUR RECORD BOOK AND IS USED EVERY YEAR TO SHOW YOUR PROGRESSION AND OVERALL INVOLVEMENT IN THE 4-H YOUTH DEVELOPMENT PROGRAM.



NON 4-H EXPERIENCES IN SCHOOL, CHURCH AND COMMUNITY

List your most meaningful participation in school, church and community organizations other than 4-H: include leadership roles and honors eamed.

YEAR (earliest first)	ORGANIZATION	PARTICIPATION, LEADERS HIP ROLES AND HONORS EARNED



NON 4-H EXPERIENCES IN SCHOOL, CHURCH & COMMUNITY PAGE 16

- LIST IN EACH ROW THE YEAR, ORGANIZATION AND IN WHAT WAY YOU PARTICIPATED (PARTICIPANT, LEADERSHIP ROLE AND/OR HONORS EARNED).
- THIS SHEET REMAINS IN YOUR RECORD BOOK AND IS USED EVERY YEAR TO SHOW YOUR PROGRESSION AND OVERALL INVOLVEMENT IN THE 4-H YOUTH DEVELOPMENT PROGRAM.
- -EXAMPLES: MUSIC LESSONS, THEATER PRODUCTIONS, SPORTS AND ANY OTHER NON 4-H ACTIVITIES.



Name of Project:

LH Voors

4-H Year:

Briefly tell what you learned, made, grew or did while taking this project. Tell what new skills/information you learned, use numbers to show size, growth, profits, losses, or savings; tell how you have shared the experience with others (i.e. exhibiting at the fair, public presentation, teaching younger members), etc. You may write several paragraphs or use an outline format to share your information.

Name of Project:

Briefly tell what you learned, made, grew or did while taking this project. Tell what new skills/information you learned, use numbers to show size, growth, profits, losses, or savings; tell how you have shared the experience with others (i.e. exhibiting at the fair, public presentation, teaching younger members), etc. You may write zeveral paragraphs or use an outline format to share your information.

18

4-H PROJECT SUMMARIES

THIS IS WHERE YOU MUST SHARE WHAT YOU LEARNED IN YOUR PROJECT EXPERIENCES NOT JUST WHAT YOU DID! IN THE LIMITED SPACE AVAILABLE IT IS MOST IMPORTANT TO TELL WHAT YOU HAVE LEARNED.

EXAMPLES

Name of Project: Sewing Expressions-Under Construction-Level 1 4-H Year: 2012-2013

Briefly tell what you learned, made, grew and did while taking this project. Tell what new skills/information you learned, use numbers to show size, growth, profits, losses, or savings; tell how you have shared the experience with others (i.e. exhibiting at the fair, public presentation, teaching younger members), etc. You may write several paragraphs or use an outline format to share your information.

- Learned about parts of the sewing machine.
- Learned to do straight stitching.
- Made cotton print skirt with elastic casing and matching shoulder bag. Learned that measuring
 the elastic correctly is important for the skirt to fit correctly.
- Learned about sewing box equipment. Covered a cigar box with an apple-print fabric to store my sewing supplies.
- Gave a public presentation about "How to Make a Pin Cushion". Earned a red ribbon.
- Exhibited skirt, shoulderbag, and sewing box at Fonda Fair. Earned 2 blue ribbons for skirt and sewing box and a red ribbon for the shoulder bag.

.....

Name of Project: Rabbit - What's Hoppening? Level 1 4-H Year: 2012-2013

Briefly tell what you learned, made, grew and did while taking this project. Tell what new skills/information you learned, use numbers to show size, growth, profits, losses, or savings; tell how you have shared the experience with others (i.e. exhibiting at the fair, public presentation, teaching younger members), etc. You may write several paragraphs or use an outline format to share your information.

I began my 4-H rabbit project this year. I learned that the six uses of rabbits include breeding stock, meat production, fur, wool, laboratory use and pets. I learned about the varieties of small, medium, large and giant rabbit breeds. I decided that I wanted a small rabbit to care for as a pet.

I like the Holland Lop rabbit the best because of its small size and its floppy ears. I bought a hutch from Agway and a wire cage from Tractor Supply Company for my rabbit. Then I bought a black and white Holland Lop rabbit from a local breeder for \$40.00 and named her Oreo. I learned that the dewlap is the fold or folds of loose skin that hangs from the throat of a doe rabbit.

I learned how to properly pick up a rabbit, remove a rabbit from a cage and turn a rabbit. Rabbits can scratch or bite when they don't feel safe. I feed my rabbit grain pellets, shredded carrots, and fresh water every day. She loves her carrots and looks forward to them every morning. The rabbit breeder told me not to feed a rabbit cabbage, Brussels sprouts, broccoli or cauliflower because it can't process the gas produced by these vegetables during digestion.

I gave a presentation about rabbit management at 4-H public presentation night and at the Fonda Fair and shared tips about cages, cleaning, feed and water.

4-H PROJECT SUMMARIES

PAGE 17 - HOW TO WRITE A PROJECT SUMMARY PAGE 18-22 — PROJECT SUMMARIES

- PLEASE REVIEW PAGE 17 BEFORE PROCEEDING.
- BE SURE THAT YOU ARE WRITING ABOUT YOUR PROJECT AS A WHOLE, RATHER THAN EACH ITEM YOU DID WITHIN A PROJECT AREA.
- -WRITE ABOUT WHAT YOU LEARNED, NOT JUST ABOUT WHAT YOU DID OR HOW IT WAS MADE. FOR YOUTH THAT HAVE PARTICIPATED IN A PROJECT OVER MULTIPLE YEARS, SHOW THAT THERE IS GROWTH AND LEARNING IN THE PROJECT FOR CONTINUED RECOGNITION IN THAT PROJECT.
- -NEW PROJECT SUMMARIES MUST BE WRITTEN EVERY YEAR TO SHOW GROWTH IN THAT PROJECT AND TO BE ELIGIBLE FOR PROJECT RECOGNITION.





4-H Member Animal Record



Due October 15th!

For use by all animal project members. This is in addition to the member record book.

This needs to be completed each year

4-ners Name:	rears in Project:
Animal Species :	
By keeping your record up-to-date, you will be able to see how m work to accomplish them. Write clearly. If you need help, ask yo notebook paper to your records if you need more space. Use one 4-H projects in which you are enrolled: beef, dairy, goat, horse, o sheep, and swine.	our parents or leaders to work with you. Add e copy of this record for each of the following
My project plans: (tell why you enrolled in this project and what you w	vant to learn this year)
About my animal or animals:	
A). This is how I obtained my animal or animals:	
B). This is what I do to keep my animal or animals h	ealthy:
C). This is what I feed my animal or animals:	

). These are my proje	ct animal or animal
-----------------------	---------------------

Name and/or Identification Number of each animal	Breed	Date obtained	Value when obtained

E. My Project Income was:

Date	Item	Value

F. My Project Expenses were:

(List what you or your parents spent during the project year for feed, supplies, equipment, veterinary assistance, and show entry fees.)

Date	Item	Value

4-H ANIMAL PROJECT SHEETS ADDED PAGE/S

- THE ANIMAL PROJECT RECORD SHEET MUST BE COMPLETED EACH YEAR AND INCLUDED IN THE 4-H PROJECT RECORD BOOK IN ORDER TO BE CONSIDERED FOR RECOGNITION IN THE RESPECTIVE ANIMAL PROJECT.
- -IN ADDITION TO THE ANIMAL PROJECT RECORD SHEET, YOUTH ARE REQUIRED TO COMPLETE A PROJECT SUMMARY FOR THE RESPECTIVE ANIMAL PROJECT IN THE 4-H PROJECT RECORD BOOK.
- -ANIMAL PROJECT RECORD SHEETS
 MUST BE COMPLETED EVERY YEAR
 THE 4-H YOUTH IS ACTIVE IN THAT
 PROJECT. FOR YOUTH WHO HAVE
 BEEN IN THE PROJECT FOR
 MULTIPLE YEARS, IT MUST SHOW
 GROWTH TO BE ELIGIBLE FOR
 PROJECT RECOGNITION.

4-H YEAR	
For n	4-H AWARD TRIPS nembers 14 (as of January 1) -19 years old
PLEASE CHECK TRIP(S) YOU	WOULD LIKE TO BE CONSIDERED FOR THIS YEAR:
	4-H Capital Days in Albany, NY
	4-HAg-Business Career Trip in Cobleskill, NY
	4-H Career Explorations Program at Cornell
	why you would like to participate in the above trip(s), what you hope to earning experience with others. Consideration for trips will be based on
	-
MY	STORY ABOUT THIS PAST 4-H YEAR
	ur 4-H experience this past 4-H year. Include things that you enjoyed
-	y disappointments and/or challenges that you experienced. You may
add an additional page for this sec	non.
	·
	STATEMENT BY 4-H MEMBER
I have personally prepared this i	report and believe it to be correct:
Date	Signature of 4-H Member

4-H AWARD TRIPS & 4-H STORY PAGE 23

- FILL IN THE CURRENT 4-H YEAR. PLACE A CHECK NEXT TO THE 4-H TRIP/S YOU WOULD LIKE TO BE CONSIDERED FOR. WRITE A FEW SENTENCES ABOUT WHY YOU WOULD LIKE TO PARTICIPATE IN THE CHOSEN TRIP.
- -MY 4-H STORY THIS IS A CHANCE FOR YOUTH TO EXPLAIN THEIR 4-H EXPERIENCE THROUGHOUT THE 4-H YEAR. YOUTH ARE ENCOURAGED TO SHARE WHAT THEY DID, WHAT THEY LEARNED, WHAT THEY ENJOYED AND ALSO WHAT DISAPPOINTMENTS OR CHALLENGES THEY ENCOUNTERED. AN ADDITIONAL PAGE MAY BE ADDED FOR THIS.
- -YOUTH MUST DATE AND SIGN THIS PAGE.



4-H LEADER'S MESSAGE

This section must be completed by the 4-H organizational leader or a 4-H project leader after the member has completed the record. The parent/guardian of an individual 4-H member may also make comments

- Please make constructive comments about this member's 4-H learning experiences, community service, leadership and achievements this past year.
- Please indicate what county 4-H awards/recognition and/or 4-H award trips you recommend this member for and why he/she is particularly qualified or deserving.

ROVAL OF THIS 4-H RECORD BOOK	
	ROVAL OF THIS 4-H RECORD BOOK



If you are a 4-H club member, this must be signed by your club's organizational leader.					
Date		Signed	(4-H Club Leader)		
Date		Signed	(Parent/Guardian)		
I have revie	vea this 4-fi record	book and to the be	st of my knowledge it has been completed satisfact	опцу.	



- THE 4-H CLUB LEADER OR PARENT/GUARDIAN FOR INDIVIDUAL MEMBERS MUST COMPLETE THE 4-H LEADER'S MESSAGE.
- -THIS MESSAGE IS A WAY OF REVIEWING THE YOUTH'S RECORD BOOK AND GIVING THEM CONSTRUCTIVE COMMENTS AS WELL AS PRAISE AND RECOMMENDATION FOR AWARDS AND RECOGNITION BEFORE RECORD BOOKS ARE SUBMITTED TO THE 4-H OFFICE.
- -THIS PAGE MUST BE SIGNED AND DATED BY THE PARENT / GUARDIAN. IF THE YOUTH IS IN A 4-H CLUB, THIS PAGE MUST ALSO BE SIGNED BY THEIR 4-H CLUB LEADER.





Pages 1-2 & 4-16 of the 4-H Project Record Book are to be at the front of your binder and remain there from year to year. These sheets go in chronological order and show what you have done in 4-H throughout the years. Duplicates of these pages may be printed and added as needed. Slides in this presentation with a green star in the lower left corner are pages that belong in the front section of your 4-H Project Record Book binder.



Pages 3 & 17-24 of the 4-H Project Record Book are to be organized by the 4-H year with dividers labeled with the respective 4-H year. Slides in this presentation with blue triangles in the lower left corner are pages that belong in the sections divided by 4-H year. These pages are to be new every year and placed behind the green star pages in your 4-H Project Record Book binder.

ORGANIZING YOUR 4-H PROJECT RECORD BOOK

QUESTIONS? LET US KNOW!

Office Hours:

Monday-Thursday

8:30am-4:30pm

Phone: 518-853-2135

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Facebook: **CCE Fulton-Montgomery**

> Website: www.ccefm.com

Please let us know if you need any assistance with printed copies of record books and/or insert pages.

Cornell Cooperative Extension Fulton and Montgomery Counties